

**Adult Positive Christianity Association
Tuesday, April 16, 2019
7:00 p.m.
Northminster Presbyterian Church- Room 108
565 Wimbish Road, Macon, Georgia 31210**

**LIVING AS HEALTHIER CLERGY (AND/OR
PEOPLE) IN THE MIDST OF CHANGE AND
ANXIETY**

**CONTINUING TO FIND WAYS FORWARD
IN OUR 2019 YEAR**

Featuring Reverend Deborah Wight-Knight, M Div, LMFT



In January of this year several of us at our Fore(In)Sight seminar joined many other people in examining societal stress. We noted that as our local, state and national halls of governance were alive with understandable cognitive dissonance in attempting to reach effective problem solving, our halls of religion had similar reverberations. We wondered whether we could learn something from the United Methodist Church as proposed regulations regarding human sexuality were examined and prominent pastors committed to what they considered to be THE TRUTHS of such matters. At this January Seminar Dr. Derek McAleer helped us see some of the Behavioral Dynamics involved.

At our upcoming April seminar, Reverend Deborah Wight-Knight M Div, LMFT (Conference Pastoral Counselor) will present a video she made for the United Methodist South Georgia Conference. It focuses on managing our own anxiety and living out our passions from a calm, centered place.

Reverend Wight Knight invites us to join her April 16th to see her video.

Can you come? It would help to hear from you ahead of time about whether you have space on your calendar. You can respond by E-mailing sandralewis@foreinsight.org or by calling (478) 474-3869 or (478) 319-2027. If you need to get a map to find the church you can try Mapquest on the Internet. If you need a map mailed to you, contact our office, with the phone numbers above.

[Our Web Site now has this notice, so you can encourage your friends to check it and come, too -- www.foreinsight.org](http://www.foreinsight.org)

"Friends,

"As an ordained minister serving in the position of Conference Pastoral Counselor, I was asked by Bishop Lawson Bryan to make a video for the United Methodist Church's South GA Conference just prior to the UMC's special called General Conference 2019, held at the end of February. The purpose for this international meeting was to take a special vote concerning the level of inclusion among LGBTQ+ individuals in our denomination. To be succinct, delegates from all over the world were gathering to discuss three plans around the issue of the church's stance on homosexuality."