

Fore(In)Sight Adult Positive Christianity Association

Tuesday, March 17, 2020

7:00 p.m.

Room 108

Northminster Presbyterian Church

565 Wimbish Road, Macon, Georgia 31210

PANDEMIC

And Our Group Mind

- **For our March Seminar our Fore(In)Sight group will continue operating our “Situation Room” as we maintain our bearings for the part of history that we are experiencing. Background information can make us aware of relevant Subjective Truths (STs) needed about entities such as quarantine, disinfectant, isolation, loneliness, etc. in our group minds.**
- **For shorter versions of concepts needed, consider Should-Ought-Musts (SOMs) in our book Psychology for Life Chapter 11, page 119.**
- **Other Resources**
 - **We received a mailing from The Georgia Center for Nonprofits. entitled “Emergency planning for nonprofit: Coronavirus and beyond.”**
 - **We are going to distribute a pamphlet by the American Psychological Association entitled “Psychological First Aid for First Responders.”**
 - **We will share information from the Georgia Psychological Association called “DPH Preparations for Potential Spread of COVID-19.”**
- **We will continue to use DVDs to help in our quests. Professor Ronald D. Siegel from the Harvard Medical School/Cambridge Health Alliance is available by DVD and Fore(In)Sight makes him available to us. Eddie O’Conner, Ph.D., a Sports Psychologist, demonstrates the benefits of Mindfulness in Performance.**

If you can join us March 17, let us know ahead so that we have adequate seating. You can call either (478) 474-3869 or (478) 319-2027. If you need to get a map to find the church you can try Mapquest on the Internet. If you need a map mailed to you, contact our office. We hope to see you there.

Sandra C. Lewis, Ph.D., President