

THE BOOK

LOVE AND PROBLEMS OF LIVING*

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Key Benefits

- ✚ **Benefit 1** Provides an overview of Fore(In)Sight Philosophy
- ✚ **Benefit 2** Explains the difference between real other-centered love and self-centered love as promoted in the marketplace
- ✚ **Benefit 3** Identifies the roots of many of our behavioral problems which must be done if significant progress is to be made in reducing and eliminating these problems

Sample Introductory Page

PART I. THE PLIGHT OF BEING HUMAN

PREFACE

This book is about LOVE – the *real* kind! But it is also about crime, war, and addiction. It is about each of our daily struggles with Problems of Living, but it is also about mountain top experiences! This is a very serious book – not intended to provide a few quotes for cocktail party conversation – but rather to provide an analytical and positive critical examination of some of the Problems each individual and the world face.

The initial chapters will present, in a *general* form, the writer’s ideas about the present condition of the world. More details and more specific suggestions for answers (and partial answers) to the Problems may be found in the middle and last chapters.

The very fact of living – of being a human being, existing on the Earth – *automatically* carries with it the INEVITABLE experience of ALWAYS being on the edge – pain and suffering, injury and/or death, disease, destruction, misery, fear, anxiety and insecurity. Some of these will be based on the fact that phenomena such as hurricanes, floods, and earthquakes have occurred, and they still do and will occur. Some of these worries will be based on the fact that disagreements, fights, and wars have occurred, and still do and will occur. Some of these worries will be based on the fact that stresses have abounded, and still do and will abound in the future, with the consequence for millions of people that they are unable to cope with these realities without inappropriate reactions – defenses through the use of drugs, alcohol particularly, and through escapisms. Along with the above rather dismal view of one’s existence we can also see that there is a very bright

side to life. Not only are there countless beautiful aspects of nature, but history provides the testimony of countless examples of human behavior that are impressive through their insight an caring and other-centeredness. Having considered both the dark and bright sides of this world of ours, that which comes from nature as well as that from human behavior, we find ourselves still confronted by a myriad of Problems of Living for which the present state of knowledge and the announced plans for the future are not adequate. Projecting or extrapolating past endeavors to the next few decades or even centuries doesn't promise much success in reducing and coping with these Problems.

The author has felt that it was necessary to present some additional, even unique, ideas, which, if adopted, could provide a base for an effective attack on these problems. This book will present such ideas from the areas of Psychology, Sociology, Religion and Biology. After that we shall examine the sources and causes of nonphysical cancers and tumors – plagues to mankind – and consider what needs to be done about them. Any attempt to fathom the ongoing, perplexing Problems of Living inevitably requires complex explanations to encounter some new terms and some new ways of thinking about certain familiar concepts. Various hypotheses may tax one's previous beliefs, even some that are sacrosanct. The author will present cognitive “tools” which can enable the reader to see the world not only differently but more clearly. Where “solutions” are not apparent it is expected that at least the problems will be clearer!

Pricing

* All proceeds from book sales go to the nonprofit Fore(In)Sight Foundation.

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